Grinding teeth

The credit crunch is causing people in the UK to grind their teeth more.

Dentists are finding that the number of patients who grind their teeth has increased over the past two months – at the same time as recent hikes in petrol, energy bills, food and mortgage costs.

Keith Cohen, a dentist practising in Harley Street and the City, noticed the change two months ago and is blaming it on stress, one of the factors most commonly linked with people grinding their teeth.

Alexander Jones, a Yorkshire dentist, has also seen an increase in people with pain around the jaw and snapping the corners off teeth, probably around 10-15 per cent since the summer – both symptoms are an indication of grinding teeth.

Grinding teeth can lead to gum and nerve damage and can also cause jaw and muscle problems.

Top school

The University of Manchester’s School of Dentistry has been ranked top of all dental schools in the UK for student satisfaction.

It is a double triumph for the school, which made history in June, by becoming the first ever to achieve a 100 per cent pass rate in the final examination of its Bachelor of Dentistry Surgery degrees.

Dr Nick Grey, head of the school said: 'The excellent performance of our students in achieving a 100 per cent pass rate and our top ranking for student satisfaction reflects the school’s commitment to placing student feedback high on the agenda.'

He added: ‘These successes are a credit to both our staff and students.’

DLA ceremony

The Dental Laboratories Association is to hold its 2009 Chair- man’s Dinner on 31 January. Awards will be given out at the event. These will include Den- tal Technology Student of the Year, Dental Technician of the Year, DLA Member of the Year and Outstanding Contribution to Dental Technology.

New Chairman Jonathan Bill will celebrate his inauguration at the evening ceremony hosted by Dominic Holland of Never Mind the Buzzcocks and Who’s Line is it Anyway. The event will be held at the National Space Centre in Leicester.

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News in brief

News and opinions

Cumbria fluoridation

NHS North-West is looking at extending water fluoridation into more areas in line with the government’s fluoridation plans

Dr Cockcroft

Barry Cockcroft tells Dental Tribune UK how he followed the path into dentistry and how he came back to England’s CDO

PCTs talk

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Adhesive dentistry

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‘Back-up accusations’ says BDA

T he British Dental Associa- tion is calling on the Depart- ment of Health to come up with evidence to substantiate its accusations that dentists are exploiting patients by calling them in for more check-ups than they need.

Current guidelines by the National Institute for Health and Clinical Excellence (NICE) say healthy patients do not need check-ups more than once every two years.

However chief dental officer Dr Barry Cockcroft claims some den- tists are asking patients to return every six months.

He has also accused them of maximising their profits by split- ting treatments which could be done in a single session, leading to more check-ups.

Dr Cockcroft said he is talking to primary care trusts (PCTs) to work out how to stop dentists spreading treatments across dif- ferent appointments so they can make more money.

Responding to the accusations, Susie Sanderson, chair of the British Dental Association’s (BDA) executive board said: ‘The British Dental Association does not have the necessary data to comment on these suggestions. If the Depart- ment of Health does, it should share that information so that it can be investigated and better under- stood. The interval between recalls is, according to NICE guidelines published in 2004 and supported by the BDA, a matter for a practi- tioner’s clinical judgement in con- sultation with the patient. For adult patients, that interval is required to be between three and 24 months.’

She added: ‘The significant problems with the new dental con- tract have been recognised this year by the House of Commons’ Health Select Committee.

Dentists across the country are working hard to deliver the best possible care for their patients de- spite those problems. What those dentists need is the support and constructive dialogue the profes- sion has been calling for, not allega- tions of wrongdoing from the archi- tects of the reforms.’

Dr Cockcroft claims that den- tists’ pay has shot up since the im- plementation of the new contract.

The average dentist’s salary in 2006-07 was £86,135. This com- pares to £67,000 under the old con- tract leading Dr Cockcroft to infer that dentists are better off finan- cially under the new contract.

The BDA however claims that these figures supplied by NHS Information Centre fail to paint the whole picture.

Peter Ward, chief executive of the BDA, said: ‘These figures do not tell the full story. They fail to take into account the clawing back of money from NHS dentists who have failed to meet the flawed treatment targets set for them. We know that almost half of the high street den- tists across England and Wales could be subject to such clawback this year, and are currently facing an anxious wait to see whether and how they will be penalised.’

John Benshaw, former chair of the BDA, who refused to sign the new contract and left the NHS to go private after 37 years, said: ‘There can be no doubt that many practice owners have done well out of the new contract. They may have reduced their own NHS commitment and found associates/performers to do the work for them at a fraction of the UDA (Units of Dental Activity) price. This will catch up with them in the future, but for the time being the owners are happy.

The same cannot be said about associates who are finding them- selves under pressure to provide more and more UDA at a shrinking price.

He added: ‘Only an idiot would suggest that patients are being dra- gged into unnecessary treat- ment. It is grossly insulting to both patient and dentist to suggest that the first is so stupid as to not realise they are being conned and it’s in- sulting to suggest that dentists need to or would provide unnecessary treatment, especially NHS check- ups that don’t bring in that much money anyway.’

Eddie Crouch, a Birmingham orthodontist agreed that ‘some dentists are finding the new con- tract more profitable’. However he said: ‘The figures on earnings are not accurate as they are based on a year when payments to dentists were unusual due to the overlap of old and new contracts.

‘I do not think that unnecessary treatments are contributing to the in- creased earnings of dentists, but certainly achieving UDA downs by split- ting treatments has been a way that dentists have hit targets and not necessarily increased costs. It would be interesting to see how many of the dentists who favour the new contract would still feel like this, if such practice was stamped on by the PCTs and HIC, he added.

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